

LUNEDI		MARTEDI		MERCOLEDI		GIOVEDI		VENERDI		SABATO	
PISCINA	PALESTRA	PISCINA	PALESTRA	PISCINA	PALESTRA	PISCINA	PALESTRA	PISCINA	PALESTRA	PISCINA	
8:45 fede AQUAKINESIS	8:00 <small>Marika</small> TOTALBODY	8:45 grazia AquaPOLE	8:30 FREE SWITCHING	08:45 monia HYDROSPINN	8:00 <small>Marika</small> TOTALBODY		8:30 FREE SWITCHING	08:45 monia HYDROSPIN	8:00 <small>Marika</small> TOTALBODY	9:30 ACQUATICITA' 3-8 MESI	10:00 ACQUATICITA' 8-18 MESI
9:30 fede AQUAKINESIS	9:00 <small>Marika</small> Posturale		9:30 FREE SWITCHING	9:30 monia HYDROSPINN	9:00 <small>Marika</small> Posturale	9:00 fede AQUAKINESIS	9:30 FREE SWITCHING	9:30 monia HYDROSPIN	9:00 <small>Marika</small> Posturale	10:30 ACQUATICITA' 18-36 MESI	11:00 ACQUATICITA' 18-36 MESI
10:15 monia AQUAJUMP	10:00 <small>Marika</small> TOTALBODY	10:15 grazia AQUAgym	10:30 FREE SWITCHING		10:00 <small>Marika</small> TOTALBODY	10:15 monia AQUAgym	10:00 MASSAGGIO NEONATALE		10:00 <small>Marika</small> TOTALBODY	11:45 NUOTO _{3/5}	
11:00 monia AQUAwalk	11:00 <small>FREE</small> SWITCHING		11:15 FELDENKRAIS		11:00 <small>FREE</small> SWITCHING		11:30 <small>FREE</small> SWITCHING		11:15 FELDENKRAIS	12:30 NUOTO 6/10	
	12:00 <small>FREE</small> SWITCHING	12:45 grazia AQUAJUMP	12:30 <small>Marika</small> TOTALBODY	12:45 monia HYDROSPINN	12:00 <small>FREE</small> SWITCHING	12:45 monia AQUAgym	12:30 <small>Marika</small> TOTALBODY	12:45 monia HYDROSPINN	12:00 <small>FREE</small> SWITCHING		
13:30 monia AQUAwalk	13:00 <small>FREE</small> SWITCHING	13:30 grazia AQUAgym	13:30 <small>Marika</small> TOTALBODY	13:30 monia HYDROSPINN	13:00 <small>FREE</small> SWITCHING	13:30 monia AQUAJUMP	13:30 <small>Marika</small> TOTALBODY	13:30 monia HYDROSPINN	13:00 <small>FREE</small> SWITCHING		
	14:30 <small>Marika</small> TOTALBODY		14:30 <small>Marika</small> TOTALBODY		14:30 <small>Marika</small> TOTALBODY		14:30 <small>Marika</small> TOTALBODY	15:00 fede AQUAKINESI	14:30 <small>Marika</small> TOTALBODY		
15:45 fede NUOTO	15:45 <small>Marika</small> TOTALBODY	15:45 fede NUOTO	15:30 <small>Marika</small> TOTALBODY	15:30 ambra NUOTO _{8/12}	15:45 <small>Marika</small> TOTALBODY	15:45 fede NUOTO	15:30 <small>Marika</small> TOTALBODY	15:45 fede NUOTO	15:45 <small>Marika</small> TOTALBODY	15:00 ACQUATICITA' 3-12 MESI	15:30 ACQUATICITA' 12-16 MESI
16:30 fede NUOTO 4/7	16:30 <small>Marika</small> TOTALBODY	16:30 fede NUOTO 4/7	16:30 <small>Marika</small> TOTALBODY	16:30 fede NUOTO 3/5	17:00 KARATE	16:30 fede NUOTO 4/7	16:30 <small>Marika</small> TOTALBODY	16:30 fede NUOTO 4/7	16:00 7/12 17:00 4/6 ENGLISHROCKS	16:30 NUOTO 3/5	
17:15 fede NUOTO 8/12	17:00 KARATE	17:15 fede NUOTO 8/12	17:30 <small>Marika</small> Posturale	17:15 fede NUOTO 6/10	16:30 <small>Marika</small> TOTALBODY	17:15 fede NUOTO 8/12	17:30 <small>Marika</small> Posturale	17:15 fede NUOTO 8/12	17:15 <small>Marika</small> TOTALBODY	17:15 NUOTO 6/10	
18:00 grazia AQUAgym	18:30 G. RITMICA			18:00 grazia AQUAgym	18:30 G. RITMICA	18:00 fede AQUAgym		18:00 fede AQUAgym	18:00 <small>Marika</small> TOTALBODY		
18:45 grazia AQUAgym	19:00 SIMONE WORKOUT		18:45 <small>Marika</small> TOTALBODY	18:45 grazia AQUAgym	19:00 SIMONE WORKOUT		18:45 <small>Marika</small> TOTALBODY	18:45 ambra AQUAgym	19:00 SIMONE WORKOUT		
19:30 grazia AQUAgym	19:30 Pilates ALE	19:00 fede HYDROSPIN	19:30 <small>Marika</small> TOTALBODY	19:30 grazia AQUAgym	20:00 Pilates ALE	19:00 ambra HYDROSPIN	19:30 <small>Marika</small> TOTALBODY	19:30 ambra AQUAwalk	19:30 Pilates ALE		
20:20 grazia AquaPOLE	20:00 SIMONE WORKOUT	19:45 fede HYDROSPIN	20:15 <small>Marika</small> TOTALBODY	20:20 grazia AQUAJUMP	20:00 SIMONE WORKOUT	19:45 ambra HYDROSPIN	20:15 <small>Marika</small> TOTALBODY				

ORARI IN VIGORE DAL 26 SETTEMBRE 2020